



October 2021 Healthcare Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Activities & locations are subject to change	Activities & Religious Services are broadcast on TV 45	HC 2=Healthcare 2nd floor D2= 2nd floor Dining Room	HC3=Healthcare 3rd floor RMV=Room Visits	D3=3rd floor Dining Room RMV=Room Visits	9:30am Morning Visits & Daily Chronicle (RMV) 1 10:30am Spa Day * (HC 2) 10:30am Morning Yoga * (HC 3) 2pm Spa Day * (HC 3) 2:30pm Bingo * (HC 2) 3:30pm Afternoon Sensory Group (D3)	9:30am Morning Visits & Daily Chronicle (RMV) 2 10:30am Arm Chair Travels (HC 3) 2pm Reading Circle (HC 2)
9:30am Morning Visits & Daily Chronicle (RMV) 3 10:15am Worship Service (CH) 2:30pm IN2L Activities (HC 3)	9:30am Morning Visits & Daily Chronicle (RMV) 4 10:30am Music with Joanna * (HC 3) 10:30am Word Games (HC 2) 2pm Bible Study * (HC 2) 2pm Reminiscing * (HC 3) 3pm Afternoon Sensory Group * (D3)	9:30am Morning Visits & Daily Chronicle (RMV) 5 10am Baking with Wendy * (HC2) 10:30am Arts and Crafts * (HC 3) 2pm Bingo (HC 3) 3pm Afternoon Sensory Group * (D3)	9:30am Morning Visits & Daily Chronicle (RMV) 6 10:30am Baking with Wendy * (HC 3) 10:30am Trivia and Reminiscing (HC 2) 2pm Bingo (HC 2)	9:30am Morning Visits & Daily Chronicle (RMV) 7 10am Tai Chi * (HC 3) 10:30am Sing a long with IN2L * (HC 2) 2pm Crafts Corner * (HC 3) 2pm Pray & Praises * (HC 3) 3pm Afternoon Sensory Group * (D3)	9:30am Morning Visits & Daily Chronicle (RMV) 8 10:30am Spa Day * (HC 2) 10:30am Morning Yoga * (HC 3) 2pm Spa Day * (HC 3) 2:30pm Bingo * (HC 2) 3pm Afternoon Sensory Group * (D3)	9:30am Morning Visits & Daily Chronicle (RMV) 9 10:30am Arm Chair Travels (HC 3) 2pm Reading Circle (HC 2)
9:30am Morning Visits & Daily Chronicle (RMV) 10 10:15am Worship Service (CH) 2:30pm IN2L (HC 3)	9:30am Morning Visits & Daily Chronicle (RMV) 11 10:30am Music with Joanna * (HC 3) 10:30am Word Games (HC 2) 10:30am Morning Yoga * (HC 3) 2pm Bible Study * (HC 2) 2pm Reminiscing * (HC 3) 3pm Afternoon Sensory Group * (D3)	9:30am Morning Visits & Daily Chronicle (RMV) 12 10:30am Arts and Crafts * (HC 3) 2pm Bingo (HC 3) 3pm Afternoon Sensory Group * (D3)	9:30am Morning Visits & Daily Chronicle (RMV) 13 10:30am Trivia and Reminiscing (HC 2) 2pm Bingo (HC 2)	9:30am Morning Visits & Daily Chronicle (RMV) 14 10am Tai Chi * (HC 3) 2pm Crafts Corner * (HC 3) 2pm Pray & Praises * (HC 3) 3pm Afternoon Sensory Group * (D3)	9:30am Morning Visits & Daily Chronicle (RMV) 15 10:30am Spa Day * (HC 2) 10:30am Morning Yoga * (HC 3) 2pm Spa Day * (HC 3) 2:30pm Bingo * (HC 2) 3pm Afternoon Sensory Group * (D3)	9:30am Morning Visits & Daily Chronicle (RMV) 16 10:30am Arm Chair Travels (HC 3) 2pm Reading Circle (HC 2)
9:30am Morning Visits & Daily Chronicle (RMV) 17 10:15am Worship Service (CH) 1:30pm Sunday Matinee Movie (HC 2)	9:30am Morning Visits & Daily Chronicle (RMV) 18 10:30am Music with Joanna * (HC 3) 10:30am Word Games (HC 2) 10:30am Morning Yoga * (HC 3) 2pm Bible Study * (HC 2) 2pm Reminiscing * (HC 3) 3pm Afternoon Sensory Group * (D3)	9:30am Morning Visits & Daily Chronicle (RMV) 19 10am Baking with Wendy * (HC2) 10:30am Arts and Crafts * (HC 3) 2pm Bingo (HC 3) 3pm Afternoon Sensory Group * (D3)	9:30am Morning Visits & Daily Chronicle (RMV) 20 10:30am Baking with Wendy * (HC 3) 10:30am Trivia and Reminiscing (HC 2) 2pm Bingo (HC 2)	9:30am Morning Visits & Daily Chronicle (RMV) 21 10am Tai Chi * (HC 3) 1:30pm Resident Council (D2) 2pm Crafts Corner * (HC 3) 2pm Pray & Praises * (HC 3) 3pm Afternoon Sensory Group * (D3)	9:30am Morning Visits & Daily Chronicle (RMV) 22 10:30am Spa Day * (HC 2) 10:30am Morning Yoga * (HC 3) 2pm Spa Day * (HC 3) 2:30pm Bingo * (HC 2) 3pm Afternoon Sensory Group * (D3)	9:30am Morning Visits & Daily Chronicle (RMV) 23 10:30am Arm Chair Travels (HC 3) 2pm Reading Circle (HC 2)
9:30am Morning Visits & Daily Chronicle (RMV) 24 10:15am Worship Service (CH) 1:30pm Sunday Matinee Movie (HC 3)	9:30am Morning Visits & Daily Chronicle (RMV) 25 10:30am Music with Joanna * (HC 3) 10:30am Word Games (HC 2) 10:30am Morning Yoga * (HC 3) 2pm Bible Study * (HC 2) 2pm Reminiscing * (HC 3) 3pm Afternoon Sensory Group * (D3)	9:30am Morning Visits & Daily Chronicle (RMV) 26 10:30am Arts and Crafts * (HC 3) 2pm Bingo (HC 3) 2pm Monthly Birthday Party (HC 3) 3pm Afternoon Sensory Group * (D3)	9:30am Morning Visits & Daily Chronicle (RMV) 27 10:30am Trivia and Reminiscing (HC 2) 2pm Bingo (HC 2)	9:30am Morning Visits & Daily Chronicle (RMV) 28 10am Tai Chi * (HC 3) 2pm Crafts Corner * (HC 3) 2pm Pray & Praises * (HC 3) 3pm Afternoon Sensory Group * (D3)	9:30am Morning Visits & Daily Chronicle (RMV) 29 10:30am Spa Day * (HC 2) 10:30am Morning Yoga * (HC 3) 2pm Spa Day * (HC 3) 2:30pm Bingo * (HC 2) 3pm Afternoon Sensory Group * (D3)	9:30am Morning Visits & Daily Chronicle (RMV) 30 10:30am Arm Chair Travels (HC 3) 2pm Reading Circle (HC 2)
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