

# Transitions

## Reclaiming Your Independence

United Methodist Communities at Pitman understands you value your independence and self-determination. With this goal in mind, Transitions offers a short-term path to recovery and wellness. Post-acute care and services benefit people who are not quite ready to return home or want additional support in the least restrictive home-like apartment setting.

Transitions residents may stay from one to six weeks. While individual reasons vary, many rehabilitation residents require observation for their response to a new medical device or medication, additional stabilization or reassurance, or practice activities of daily living before returning home.

## Connection to Family and Support

Knowing you want to stay closely connected to friends and family, Pitman offers many gathering spaces for in-person visits and Wi-Fi technology to enable digital communication. You can count on nursing, certified caregivers, social work services, and dietician guidance. The additional assurance of our Care Transitions to Home Planning makes your journey home even smoother.

## Freedom and Comfort

Comfort is an essential ingredient to living life on your own terms. While in Transitions, you will relish the made-to-order meals overseen by our executive chef. For snacks, lite meals, or coffee with your visitors, enjoy the bistro. Pitman's community life calendar offers ample choices for enrichment.

You deserve a relaxing, worry-free atmosphere, and peace-of-mind during your stay. Just bring your clothing and personal items and leave the rest to us!

## Amenities

In addition to the privacy of your own apartment in the Transitions neighborhood, you will also benefit from access to:

- Dining Room
- Laundry, housekeeping and maintenance
- Bistro
- Transportation
- Salon
- Religious services
- Library
- Fitness Center
- Porches and patios

## Getting Started

To learn more about Transitions at Pitman, please call 856-589-7800.

