

Healthcare & AS Menu

Week 1

Sunday

8/16/2020

Breakfast

Juice/Milk
Oatmeal
Fruit of the Day
Assorted Cereal
Blueberry Pancakes
Scrambled Eggs
Crisp Bacon
Glazed Cinnamon Roll

Lunch

Turkey Noodle Soup
Garden Salad
Tuna Salad on a Wheat Roll
Salad w/ Chicken
Chips
Peas
Mixed Berry Apple Crisp

Dinner

Carrot & Ginger Soup
Garden Salad
Tuscan Turkey Breast
Pork Tenderloin
Corn Bread Stuffing
Green Beans & Tomatoes
Yellow Squash
Roll
Chocolate Brownie

Monday

8/17/2020

Breakfast

Juice/Milk
Cream of Wheat
Fruit of the Day
Assorted Cereal
French Toast
Scrambled Eggs
Taylor Ham
Cranberry Muffin

Lunch

Chicken Ditalini Soup
Garden Salad
Chicken Cordon Bleu
Margherita Pizza Flat'wich
Cheesy Mashed Potatoes
Fresh Broccoli
Cookie

Dinner

Cream of Vegetable Soup
Garden Salad
Sliced Flank Steak
Herb Cod
Mashed Potatoes
Peas
Capri Blend
Roll
Choc Raspberry Parfait

Tuesday

8/18/2020

Breakfast

Juice/Milk
Oatmeal
Fruit of the Day
Assorted Cereal
Waffles
Scrambled Eggs
Corned Beef Hash
Assorted Danish

Lunch

Beef Noodle
Garden Salad
Rigatoni w/ Tomatoes
Quiche Lorraine
Mashed Potatoes
Beet Salad
Chocolate Pudding

Dinner

Minestrone Soup
Chick Pea, Tomato & Onion Salad
Roasted Turkey Breast
Chopped Beef Steak
Mashed Sweet Potatoes
Spinach
Scandinavian Blend Veg
Roll
Lemon Pudding Cake

Wednesday

8/19/2020

Breakfast

Juice/Milk
Cream of Wheat
Fruit of the Day
Assorted Cereal
Pancakes
Scrambled Eggs
Bacon
Assorted Muffins

Lunch

Grilled Chicken Tortilla Soup
Garden Salad
Rueben
Italian Caesar Salad
Macaroni Salad
Garlic Rst Green Beans
Lemon Bar

Dinner

Tomato Soup
Garden Salad
Macaroni & Meatsauce
Pork Pernil
Brown Rice
Sliced Carrots
Pacific Blend Veg
Roll
French Silk Pie

Thursday

8/20/2020

Breakfast

Juice/Milk
Oatmeal
Fruit of the Day
Assorted Cereal
Whole Wheat French Toast Stx
Scrambled Eggs
Sausage Links
Assorted Scones

Lunch

Roasted Onion soup
Garden Salad
Sweedish meatballs
Cubin Panini Sandwich
Egg Noodles
Brussel Sprouts
Cookie

Dinner

Chicken Noodle Soup
Marinated Mushroom Salad
Chicken Piccata
Cheeseburger
Roasted Potato Wedges
Broccoli w Garlic
Succotash
Roll
Peach Crisp

Friday

8/21/2020

Breakfast

Juice/Milk
Cream of Wheat
Fruit of the Day
Assorted Cereal
Apple Pancakes
Scrambled Eggs
Crisp Bacon
Cake Doughnuts

Lunch

Vegetable Soup
Garden Salad
Chicken Parm Sandwich
Shrimp & Pasta Alfredo
Pasta w/ Sauce
Mixed Vegetables
Chocoate Peanut Butter Brownie

Dinner

Navy Bean Soup
Garden Salad
Lemon Dill Flounder
Beef Stew
Garlic Mashed Potatoes
Zucchini
California Blend
Roll
Carrot Cake

Saturday

8/22/2020

Breakfast

Juice/Milk
Oatmeal
Fruit of the Day
Assorted Cereal
Sausage & Cheese Biscuits
Scrambled Eggs

Lunch

Pound cake
Corn Chowder
Garden Salad
Open Roast Beef Sand.
Cheese Stuffed Shells
Mashed Potatoes
Whole Green Beans
Grasshopper Mousse

Dinner

Chunky Vegetable Orzo Soup
Garden Salad
Herb Rst Chicken Breast
Ital. Sausage & peppers
Orzo with Lemon
Green Beans
Cauliflower AuGratin
Roll
Bread Pudding

Healthcare & AS Menu

Week 2

Sunday 8/23/2020	Monday 8/24/2020	Tuesday 8/25/2020	Wednesday 8/26/2020	Thursday 8/27/2020	Friday 8/28/2020	Saturday 8/29/2020
<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>
Juice/Milk Oatmeal Fruit of the Day Assorted Cereal Blueberry Pancakes Scrambled Eggs Crisp Bacon Glazed Cinnamon Roll	Juice/Milk Cream of Wheat Fruit of the Day Assorted Cereal French Toast Scrambled Eggs Taylor Ham Cranberry Muffin	Juice/Milk Oatmeal Fruit of the Day Assorted Cereal Waffles Scrambled Eggs Corned Beef Hash Assorted Danish	Juice/Milk Cream of Wheat Fruit of the Day Assorted Cereal Pancakes Scrambled Eggs Bacon Assorted Muffins	Juice/Milk Oatmeal Fruit of the Day Assorted Cereal Whole Wheat French Toast Stx Scrambled Eggs Sausage Links Assorted Scones	Juice/Milk Cream of Wheat Fruit of the Day Assorted Cereal Apple Pancakes Scrambled Eggs Crisp Bacon Cake Doughnuts	Juice/Milk Oatmeal Fruit of the Day Assorted Cereal Sausage & Cheese Biscuits Scrambled Eggs Pound cake
<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>
Creamy Vegetable Soup Garden Salad Ham & Cheese Croissant Cheese Burger Potato Salad Broccoli Cherry Pie	Red Pepper & Basil Soup Garden Salad Apple Cider Pork Tenderloin Fried Shrimp W cocktail sauce Mashed Potatoes Cole Slaw Vanilla Mousse	Carrot & Ginger Soup Garden Salad Cheese Manicotti Beer Battered Cod Sandwich Corn Chocolate Brownie	Navy Bean Soup Garden Salad Hot Roast Beef w/ Gravy Bacon Chicken Sandwich Mashed Potato Lima Beans Rice Pudding	Cream of Mushroom Garden Salad Meatballs & Pasta Hot Dog W Sauerkraut Curly Fries Zucchini & Yellow Squash Eclairs	New England Clam Chowder Garden Salad Chicken Biscuit Casserole Seafood Sald w/ Croissant Orzo Salad w pepper & Olives Whole Green Beans Chocolate Bread Pudding	Grilled Chicken Tortilla Soup Garden Salad Chicken Thigh Cacciatore Tuna Salad on a Bun Spaghetti Green Peas Tapioca Pudding
<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>
Vegetarian Split Pea Soup Garden Salad Beef Goulash w/ Noodles Seafood Newburg Roasted Sweet Potatoes Grilled Asparagus Cauliflower Roll Apple Crumble	Cream of Tomato Soup Garden Salad Chicken Franchise Beef Stroganoff Bow Tie Pasta Roasted Beets Yellow Squash & Cheese Roll Key Lime Pie	Hearty Beef Vegetable Orzo & Asparagus Salad Molasses Pepper Glazed Ham Cat Fish Cakes Scalloped Potatoes Green Beans Glazed Carrots Roll Pineapple upside down cake	Turkey Noodle Soup Garden Salad Turkey Scaloppini Baked Ziti w Vegetables Yukon Mashed Potatoes Rst Acorn Squash Steamed Vegetable Medley Roll Boston Cream Pie	Cream of Vegetable Soup Beet, Cucumber, Onion Salad Maple Glazed Pork Loin Lemon Sage Chicken Potatoes Wedges Saut�ed Spinach California Blend Veg Roll Mango Coconut Parfait	Minestrone Soup Garden Salad Tilapia Provencal Vegetable Lasagna Garlic Mashed Potatoes Rst Zucchini & Eggplant Cauliflower Parm Roll Spice cake w cream frosting	Tomato Soup Garden Salad Shepherd's Pie Chicken Marsala Rice Pilaf Fresh Broccoli Sesame Shittake Bok Choy Roll Mixed Berry Apple Crisp

Available beverages: Milk, OJ, Cranberry Juice, Apple Juice, Coffee or Hot Tea **Bread Options:** White, Wheat or Rye

Due to product availability, menu is subject to change.

Healthcare & AS Menu

Week 1

Sunday 8/30/2020	Monday 8/31/2020	Tuesday 9/1/2020	Wednesday 9/2/2020	Thursday 9/3/2020	Friday 9/4/2020	Saturday 9/5/2020
<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>
Juice/Milk	Juice/Milk	Juice/Milk	Juice/Milk	Juice/Milk	Juice/Milk	Juice/Milk
Oatmeal	Cream of Wheat	Oatmeal	Cream of Wheat	Oatmeal	Cream of Wheat	Oatmeal
Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day
Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal
Blueberry Pancakes	French Toast	Waffles	Pancakes	Whole Wheat French Toast Stx	Apple Pancakes	Sausage & Cheese Biscuits
Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs
Crisp Bacon	Taylor Ham	Corned Beef Hash	Bacon	Sausage Links	Crisp Bacon	
Glazed Cinnamon Roll	Cranberry Muffin	Assorted Danish	Assorted Muffins	Assorted Scones	Cake Doughnuts	Pound cake
<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>
Chicken Vegetable Soup	Onion Soup	Tomato Basil Soup	Sweet Potato & Black Bean Chili	Turkey Vegetable	Beef Barley Soup	Tomato Florentine
Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad
Glazed Smoked Ham	Pork Loin	Meat Lasagna	Sloppy Joe	Baked Pasta Carbonara	Seafood Salad Croissant	Open Faced Roast Beef Sandwich
Egg salad on a Roll	Tuna Sandwich w/ Chips	Turkey & Swiss Sandwich	Macaroni & Cheese	Italian Sub	BLT Chicken Salad	Ham Salad on White Bread
Baked Sweet Potatoes	Smashed Red Skin Potatoes	Chips	Cole Slaw	Pasta Salad	Sweet Potato Fries	Smashed Red Bliss
Roasted Vegetables	Green Beans	Cucumber Salad	Stewed Tomatoes	Sliced Carrots	Broccoli	Zucchini
Peach Pie	Cherry Cheese Cake Tart	Vanilla Pudding Cup	Pina Colada Parfait	Linzi Bars	Raspberry Yogurt Mousse	Assorted Cup Cakes
<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>
Potato Leek Soup	Cream of Mushroom Soup	Cream of Potato Soup	Mushroom & Rst Garlic Soup	Spring Pasta Faggioli	Vegetarian Lentil & Spinach Soup	Chicken & Rice
Garden Salad	Garden Salad	Asian Cucumber & Carrot Salad	Garden Salad	Waldorf Salad	Garden Salad	Garden Salad
Gnocchi Bolognese	Salisbury Steak	Shrimp Scampi w Linguini	Beef Bourguignon	Veal Sorrento	Pork Tenderloin	Fried Chicken
Cornmeal Crusted Catfish	BBQ Chicken Breast	Smothered Pork Chops	Chicken Pot Pie	Rst Garlic Chicken & Shrimp Alfredo	Sweet & Sour Meatballs & Rice	BBQ Ribs
Rice Pilaf	Mashed Potato	Jasmine Rice	Baked Potato	Smashed Red Bliss Potatoes	Egg Noodles	Rice Pilaf
Corn	Broccoli	Peas	Lima Beans	Corn O'Brien w peppers	Yellow Squash & Red Peppers	Broccoli
Squash & Carrot Medley	Cauliflower	Carrots	Pacific Blend	Capri Blend	Cauliflower	Collard Greens
Roll	Roll	Roll	Roll	Roll	Roll	Roll
Apple Crumble	Angel food cake with Strawberry sauce	Peach Cobbler /Baguette	White Oreo Cake	Cherry Cobbler	Apple Pie	Lemon Blueberry Cake

Available beverages: Milk, OJ, Cranberry Juice, Apple Juice, Coffee or Hot Tea **Bread Options: White, Wheat or Rye**
 Due to product availability, menu is subject to change.

Healthcare & A.S. Menu

Week 1

Sunday

9/6/2020

Breakfast

Juice/Milk
Oatmeal
Fruit of the Day
Assorted Cereal
Blueberry Pancakes
Scrambled Eggs
Crisp Bacon
Glazed Cinnamon Roll

Lunch

Roasted Onion Soup
Garden Salad
Chicken Tenders
French Bread Pizza
Potato Wedges
Italian Green Beans
Chocolate Peanut Butter Brownie

Dinner

Chicken noodle soup
Garden Salad
Mediterranean Braised Lamb
Glazed Turkey
Mashed Sweet Potato
Brussel Sprouts
Minted Peas
Roll
Caramel Apple Nut Pie

Monday

9/7/2020

Breakfast

Juice/Milk
Cream of Wheat
Fruit of the Day
Assorted Cereal
French Toast
Scrambled Eggs
Taylor Ham
Cranberry Muffin

Lunch

Navy Bean Soup
Garden Salad
Kielbasa
Sante Fe melt on White Bread
Pierogies w/ Onions
Succotash
Angel Food Cake

Dinner

Mexican Corn Soup
Garden Salad
Sweet & Sour Chicken w/ Rice
Mac & Cheese with Bacon
Parsley Boiled Potato
Sliced Carrots
Italian Green Beans
Roll
Pecan Pie

Tuesday

9/8/2020

Breakfast

Juice/Milk
Oatmeal
Fruit of the Day
Assorted Cereal
Waffles
Scrambled Eggs
Corned Beef Hash
Assorted Danish

Lunch

Lentil Soup
Garden Salad
Cheese Ravioli
Turkey Salad with cranberries
3 Bean Salad
Creamed Spinach
Double Chocolate Cookies

Dinner

Chunky Vegetable Orzo Soup
Black Bean & Corn Salad
Tomato Basil Bk Flounder
Mango Glazed Ham
Mashed Sweet Potatoes
Green Beans
Spaghetti Squash
Roll
Peach Crisp

Wednesday

9/9/2020

Breakfast

Juice/Milk
Cream of Wheat
Fruit of the Day
Assorted Cereal
Pancakes
Scrambled Eggs
Bacon
Assorted Muffins

Lunch

Potato Leek Soup
Garden Salad
Chicken & Dumplings
Cheeseburger on Bun
Roasted Carrots
Potato Chips
Blondie Bar

Dinner

Garden Vegetable Soup
Garden Salad
Rotini & Meat Sauce
Brazilian Pork w Chimichurri
White Rice
Rst Balsamic Eggplant
Capri Mixed Vegetables
Roll
Apple Pie

Thursday

9/10/2020

Breakfast

Juice/Milk
Oatmeal
Fruit of the Day
Assorted Cereal
Whole Wheat French Toast Stx
Scrambled Eggs
Sausage Links
Assorted Scones

Lunch

Manhattan Clam Chowder
Garden Salad
Roasted Turkey Breast
Chef Salad
Roasted Sweet Potato
Fresh Broccoli
Vanilla Pudding Cup

Dinner

Cream of Mushroom Soup
Cucumber, Tomato & Onion Salad
Chicken Scaloppini Marsala
Eggplant Parmesan
Penne
French Cut Green Beans
Roasted Cauliflower
Roll
Lemon Cream Layer Cake

Friday

9/11/2020

Breakfast

Juice/Milk
Cream of Wheat
Fruit of the Day
Assorted Cereal
Apple Pancakes
Scrambled Eggs
Crisp Bacon
Cake Doughnuts

Lunch

Tomato Basil Soup
Garden Salad
Ham & Swiss Croissant
Chile Con Carne
Rice
Steamed Vegetables
Tapioca w Strawberries

Dinner

Cream of Potato Soup
Garden Salad
Baked Veal Marsala
Chicken Tortellini Alfredo
Mashed Yukon Potatoes
Saute Spinach
Sliced Carrots
Roll
Cheese cake

Saturday

9/12/2020

Breakfast

Juice/Milk
Oatmeal
Fruit of the Day
Assorted Cereal
Sausage & Cheese Biscuits
Scrambled Eggs

Lunch

Pound cake
Sweet Potato Soup
Garden Salad
Beef Stroganoff
Chicken Parm Flatbread
Buttered Noodles
Grilled Yellow Squash
Linzie Bars

Dinner

Mushroom Rst Garlic soup
Garden Salad
Tortilla Crusted Tilapia
Meat Loaf
Mashed Potatoes
Asparagus
Corn
Roll
Banana Cream Pie

Available beverages: Milk, OJ, Cranberry Juice, Apple Juice, Coffee or Hot Tea **Bread Options:** White, Wheat or Rye
Due to product availability, menu is subject to change.

Healthcare A-S Menu

Week 5

Sunday 9/13/2020	Monday 9/14/2020	Tuesday 9/15/2020	Wednesday 9/16/2020	Thursday 9/17/2020	Friday 9/18/2020	Saturday 9/19/2020
<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>
Assorted Fruit Juice Oatmeal Fresh Orange Sections Assorted Cereal Blueberry Pancakes Scrambled Eggs Bacon Glazed Cinnamon Roll	Assorted Fruit Juice Cream of Wheat Banana Assorted Cereal French Toast Scrambled Eggs Taylor Ham Cranberry Muffin	Assorted Fruit Juice Oatmeal Fresh Fruit in Season Assorted Cereal Waffles Scrambled Eggs Corned Beef Hash Assorted Danish	Assorted Fruit Juice Cream of Wheat Orange Sections Assorted Cereal Pancakes Scrambled Eggs Bacon Assorted Muffins	Assorted Fruit Juice Oatmeal Fresh Fruit in Season Assorted Cereal French Toast Sticks Scrambled Eggs Sausage Links Assorted Scones	Assorted Fruit Juice Cream of Wheat Banana Assorted Cereal Apple Filled Pancakes Scrambled Eggs Bacon Strips Cake Dounuts	Assorted Fruit Juice Oatmeal Fresh Fruit in Season Assorted Cereal Sausage & Cheese Biscuits Scrambled Eggs Pound cake
<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>
Spring Pasta Faggioli Garden Salad Chicken Salad Sandwich Flat Bread Pizza Pasta Salad California Mixed Veg Raspberry Yogurt Mousse	Lentil & Spinach Soup Garden Salad Pork Medallions Tuna Salad on a Croissant w/ Chips Toasted Orzo Sautéed Bok Choy Marble Cake	Chicken & Rice Soup Garden Salad Meat Lasagna Three Cheese Quiche Broccoli Cuts Cream Puffs	Cheeseburger Chowder Garden Salad Chicken Pot Pie Egg Salad on a Roll Steak Fries Green Beans Vanilla Mousse	Red Pepper Basil Soup Garden Salad Mac & Cheese Chicken Sandwich w/ Chips Stewed Tomatoes Chocolate Brownie	Cream of Broccoli Soup Garden Salad Manicotti Fish Sandwich Mashed Potatoes Cole Slaw Maple Bacon Cookie	Turkey Rice Soup Garden Salad Grilled Cheese Tuna Noodle Casserole White Rice Green Beans Chocolate Pudding Cup
<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>
Turkey Vegetable Garden Salad Baked Chicken Quarters Parmesan Flounder Mashed Sweet Potatoes Roasted Vegetables Peas Roll Vanilla Pudding	Beef Barley Soup Garden Salad Beef Stew Teriyaki Chicken Breast Mashed Potatoes Cauliflower Garlic Green Beans Roll Lemon Meringue Pie	Tomato Florentine Endamame Corn Salad Chicken Stuffed w/ Broccoli & Cheese Corned Beef & Cabbage Herb Couscous Roasted Squash Carrots Roll Pear Crisp	Veg Split Pea Soup Garden Salad Open Roast Beef Sandwich Stuffed Peppers Baked Potato Lima Beans Spinach Roll Yellow cake fudge icing	Chicken Noodle soup Mediterranean Slaw Smoked Turkey Baked Cod Rice Pilaf Zucchini & yellow Squash Herb Rst Carrots Roll Cherry Cobbler	Beef Veg Soup Garden Salad Tilapia Chicken Alfredo Roasted Potatoes Country Kitchen Veg Peas Roll Apple Pie	Tomato Florentine Garden Salad Spinach Lasagna Farmer's Meatloaf Rosted Red Potatoes Brussel Sprouts Corn O'Brien Roll Peach Crisp

Available beverages: Milk, OJ, Cranberry Juice, Apple Juice, Coffee or Hot Tea **Bread Options:** White, Wheat or Rye

Due to product availability, menu is subject to change.

Le Mitbakat

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Menu